

# Timetable of Activities



Where to find us: Studley & District Children's Centre,  
c/o Studley Infants' & Community School, High Street, Studley B80 7HJ.  
Tel: 01527 850 136 Email: [studley@parentingproject.org.uk](mailto:studley@parentingproject.org.uk)

**Children's Centre**  
studley & district






**A Sure Start Children's Centre**

The Children's Centre is...  
"Somewhere to go,  
someone to listen,  
a place to be"




## Monday

-  **10.00 - 11.30 Art & Craft Time**, a 6 week course to try your hand at various arts & crafts, starting on 9<sup>th</sup> January, with Crèche
-  **1.00 - 3.00 Triple P** - positive parenting course starting 20<sup>th</sup> February, with crèche

## Wednesday

-  **10.00 - 12.00 Babes & Tots Healthcare**, a drop in session to see a Health Visitor.
-  **10.00 - 12.00 Coffee & Chat**, please use the playroom for free play.
-  **10.00 - 11.00 Credit Union**, a free, confidential service where you can get help with budgeting, opening a bank a/c & Christmas savings plan *Fortnightly*
-  **1.30 - 2.30 Talk & Play**, 6 weeks of activities for 2-3 year olds to boost their language and communication skills. Starting 22<sup>nd</sup> February.
-  **1.00 - 5.00 Antenatal checks**, with our resident Midwife Lynn. By appointment.

## Friday

-  **10.30 - 11.30 Baby Massage**, a 4 week course for babies under 6 months, arranged through the Health Visitor Team, starting 13<sup>th</sup> January
-  **10.00 - 11.30 Open House**, there are no sessions running but you are welcome to use the play room.
-  **12.00 - 1.30 The Playhouse**, a small group for parents to develop confidence in accessing the Children's Centre and build relationships.

**The staff at Studley Children's Centre take the safety of anyone attending sessions very seriously. However please be aware that children are the responsibility of the accompanying adult.**

Every  
Family  
Matters








Please book.







Just come.


## Tuesday

-  **9.00-1.00 Nextsteps** - advice on CV's, Careers guidance and support fortnightly
-  **9.30 - 11.00 Childminders 'R' Us**, a session for childminders and the children in their care. Part of the 
-  **11.00 - 12.00 Drop In Housing Surgery** with Orbit for help & support with housing issues, every 1<sup>st</sup> Tuesday of the month
-  **2.00 - 3.30 Cruisers & Crawlers**, an active session to encourage movement for 6-18Months

## Thursday

-  **9.30 - 11.00 Music & Movement**, come and join us for singing, dancing, instruments & having fun for 12mths to pre-school.
-  **11.00 - 12.00 Chatter Matters**, 4-6 months 8 weeks of fun through songs and & rhymes, with Andrea. New group starting 19<sup>th</sup> January
-  **1.30 - 3.00 2 year Reviews/Weaning**, appointments through the Health Visitor Team,
-  **2.00 - 3.30 Messy Play** come with your 2-5 year olds and get messy!

## Saturday

-  **10.00 - 11.30 Daddy Cool**, a group for Dads and other male carers to spend time with their children. (Monthly)

Jan 7<sup>th</sup>, Feb, 4<sup>th</sup> Mar 3<sup>rd</sup>

**If you would like more information or support call us and ask about our Family Outreach Team.**

If you are new to a group please sign in and fill out our Membership Form.  
We ask for a donation for all our play sessions.