

Timetable of Activities

Where to find us: Alcester & District Children's Centre,
c/o St. Nicholas' C. of E. Primary School, St. Faiths Road, Alcester B49 6AG.
Tel: 01789 764 093 Email: alcester@parentingproject.org.uk

Children's Centre

alcester & district


A Sure Start Children's Centre

The Children's Centre is...
"Somewhere to go,
someone to listen,
a place to be"

Monday

- ★ 9.30 – 11.30 Stay & Play (0-5), a chance to meet other parents and play.
- ★ 10.30 – 11.30 Chatter Matters Plus, fun through songs and rhymes.
- ★ 1.30 – 2.30 Chatter Matters, 6 weeks of fun through songs and rhymes.
- ★ 3.00 – 4.00 Baby Massage, a 3 week taster session to learn the basics.
- ★ 2.00 – 4.00 Antenatal Clinic, appointments booked with the Midwife.
- ★ 2.00 – 4.00 Post Natal Group, enjoy a relaxed friendly group by letter invite.
- ★ 6.30 – 8.30 Parent Craft Classes, run by Midwives and our team, by letter invite.

Wednesday

- ★ 10.00 – 11.30 Childminders R US, a play and support group, part of the  network.
 - ★ 9.30 – 12.00 Toy Library, borrow children's toys for free on a library lending system.
 - ★ 1.00 – 3.00 Babes + Tots Healthcare, a drop-in to see a Health Visitor and a chance to play.
- Please note that not all of our sessions run at the same time. Please phone us to book a place on the next available group.*

Free internet access!

Friday

- ★ 10.00 – 11.00 Credit Union, your community bank, save your pennies!
- ★ 10.00 – 11.30 Toddler Messy Play, fun and messy session, all you need to start the weekend off.
- ★ 12.00 – 1.30 PlayHouse, a small group to develop confidence and help families build relationships.
- ★ 10.00 – 11.30 StoryMakers, storytelling with a difference. Run at different venues within our area.
- ★ 2.00 – 3.15 Chatter Matters, 6 weeks of fun through songs and rhymes specially for second time parents.




Please book.



Just come.

Every Family Matters

Tuesday

- ★ 9.30 – 11.30 Family Learning, try something new? Crèche provided.
- ★ 12.30 – 2.30 Parenting with the Triple P, techniques for strengthening the relationship with your child.  network.
- ★ 9.30 – 11.00 Childminders R Us @ Bidford, a play and support group.
- ★ 9.30 – 11.15 Baby Clinic @ Bidford, see a Health Visitor and play.
- ★ 1.30 – 3.00 BuggyWalks @ Bidford, join in a walk with other parents leaving from the Church Hall.
- ★ 3.30 – 5.00 Cook & Eat, cook a meal & enjoy it with your family. Crèche available.

Thursday

- ★ 11.00 – 12.30 Coffee & Play, a session especially for children under 18 months with a little Chatter Matters mixed in.
- ★ 10.00 – 11.30 PlayHouse @ Bidford, a small group to help families build relationships.
- ★ 10.00 – 11.30 BuggyWalks, join in a walk with other parents.
- ★ 9.30 – 11.30 Goslings Toddler Group @ Bidford, join the Centre team at this group.
- ★ 1.00 – 1.30 Rhythm Time for babies, £1 per child  Please telephone Tracey 01527 401711
- ★ 1.40 – 2.10 Rhythm time for toddlers, £1 per child
- ★ 3.15 – 4.15 Messy Play, family after school session for 8's and unders.

Saturday

- ★ 10.00 – 11.30 Daddy Cool, group for Dads and other male carers to spend time with their children. 1st Saturday of the month.
 - ★ 10.00 – 12.00 First Aid for parents with babies & toddlers, a rolling programme learning the basics, no crèche provided. *Please note;*
- ✚ All sessions are available to anyone within our area.
 - ✚ If not @ Bidford, sessions will be at the Alcester Center.
 - ✚ We are open for drop-in any time when there are no sessions running.

If you are new to a group please sign in and fill out our Membership Form. We ask for a donation for all our play sessions.

Autumn & Spring Term 2009 till end of Easter 2010

Welcome to the Alcester and District Children's Centre team.

We value the views and support of parents using and living in the Children's Centre community.

The Team

Would you like to be part of the management of your Children's Centre?
Call Priscilla for more information.



Danielle



Rachel



Priscilla



Lynn



Trish



Kerry



Kerry



Medina

Outreach Family Team.

Children's Centre Manager

Front Desk and Admin Team

Outreach Play Team

Volunteer Co-ordinator

We are the one stop shop for all families with children under five. WELCOME!